

Retreat Packing List

Please pack **lightly** and send items that **can get dirty**.

Label all belongings with your camper's name and phone number.

Clothing and personal items should have **camp-appropriate graphics and messages**.

What to Bring:

- Bedding: Sleeping bag or sheets/blanket (Twin or Full) and a pillow
- Towels: Bath towel and washcloth
- Toiletries: Toothbrush, toothpaste, shampoo, soap, deodorant, etc.
- Clothing: Weather-appropriate layers for indoor and outdoor activities
- Footwear: Sturdy shoes; boots or extras as needed
- Seasonal Gear: Coat, hat, gloves, rainwear (as applicable)
- Water bottle
- Bible
- Flashlight or headlamp
- Backpack or cinch sack
- Medications and necessary personal items (to be turned in per retreat guidelines)

Optional Items: Simple games or cards, Musical instruments, Books or journal, camera

What Not to Bring:

To ensure safety, respect, and the well-being of all participants, the following items are not allowed: Tobacco, vaping products, alcohol, or other controlled substances, Food, snacks, or candy (they attract critters and create allergy concerns), Inappropriate or offensive materials. Weapons of any kind, including: knives (pocket knives included), pepper spray or mace, fireworks, firearms or replicas.

Camp staff reserve the right to hold prohibited items until departure.

About Electronics: Participants are encouraged to leave electronic devices, including cell phones, at home. If a device is brought, it is expected to remain unused during the retreat.