

# WOMEN'S REFRESH

An Overnight Retreat  
at Camp Onomia

## November 5-6, 2021

Our annual women's retreat begins with dinner at 6 pm on Friday and runs through 3 pm on Saturday. Lodging will be in our year-round retreat center, double occupancy rooms with private bathrooms. Please bring your own bedding and toiletries.

**Cost: \$89** one night, 3 meals, program, second night option available. See web for details,

"Moving  
Forward in  
Hope"

This past year was one of change that impacted everyone. How do we make meaning of our experience and find ways to move forward in hope? Using the story of "The Road to Emmaus" from Luke 24, we will explore our experience throughout the pandemic, and find tools for resiliency as we move forward with our lives.

Register Online at

[www.camponomia.org](http://www.camponomia.org)

by Oct. 30<sup>th</sup>

or with group, mail your registration with name, address, phone number, and check to Camp Onomia, 14202 Shakopee Lake Road, Onamia, MN 56359 320-532-3767 email: [camponomia@gmail.com](mailto:camponomia@gmail.com)

**ONOMIA**  
[www.CampOnomia.org](http://www.CampOnomia.org)